

**Chetek-Weyerhaeuser Area School District
Board of Education Policies**

Adopted: August 23, 2010

Witnessed by Clerk: _____

EL-16 Health and Nutrition

With respect to the Health and Nutrition of our staff and students, the superintendent shall not cause or knowingly allow conditions, procedures, actions or decision which are unlawful, unethical, unsafe, disrespectful, disruptive, undignified or in violation of Board policy.

Accordingly, the Superintendent:

1. Will ensure that the Wellness Committee meets at least monthly during the school year to review menu choices, review food service reports, Physical and Health Education, evaluate the curriculum for making healthy choices in daily living and make semi-annual updates/recommendations to the proper administrative authority or upon Board request.
2. Will ensure that a Dietician, in a consultative role, has authority, in the Food Service Department, to make food service related decisions in order to meet the District Nutrition Standards and the review of menus.
3. Will ensure that Health and Safety Standards are adhered to, as outlined by the Wisconsin Department of Public Instruction.
4. Will ensure that Food Service Staff are effectively trained through attendance at certified trainings on food production, food handling and safety, equipment use, and other areas that are pertinent to working in a food service department
5. Will ensure the CESA designated food service vendor, for cooperative purchasing, is used for the majority of food purchases in order to reduce cost where possible and remain within budget forecasts.
6. Will ensure food service menus meet the requirements set by the District Nutrition Standards with regards to the amount of sugar, fat, sodium, carbohydrates, dietary fiber and protein that are needed for a balanced diet.
7. Will ensure an inviting environment in the kitchen and cafeteria with regards to the overall presentation of food and the treatment of staff and students.
8. Will ensure that portion control is monitored and followed according to Recommended Daily Allowance established for the age groups of 3-8 years old, 9-13 years old and 14-18 years old.
9. Will ensure that the Food Service Department will operate using Standardized Procedures which are updated by the Wellness Committee.

Monitoring Method: Internal Report
Monitoring Frequency: Semi-annually

Reference:

EFG District Nutrition Standards
EFH Student Nutrition
EFI Student Nutrition and Physical Activity
PEP Grant Application
PEP Grant Nutrition Final Report: Spring 2010